

# DAILY DAY-TRADING MARKET OUTLOOK

JUNE 19, 2026

## EXECUTIVE SUMMARY

Instrument	Bias	Key Resistance	Key Support
Gold (XAUUSD)	Neutral	4348/54 (***)	4289/87 (***)
EURUSD	Neutral	1.1557/65 (***)	1.1480 (***)
GBPUSD	Neutral	1.3353 (***)	1.3265/48 (***)
USDJPY	Neutral	160.93 (***)	160.27/18 (***)
US500	Neutral	7506/12 (***)	7444/39 (***)
USNDX	Neutral	30,218/248 (***)	29,890/850 (***)
US Oil	Neutral	7590/7620 (***)	7300/7280 (***)

\*Strong. \*\*\*Very Strong

## GOLD (XAUUSD)

**Market Bias: Neutral**

Immediate Resistance: 4341.50 ()  
Major Resistance: 4348/54 ()  
Immediate Support: 4306/4300 ()  
Major Support: 4289/87 (\*\*)

### Bullish Scenario

A sustained break above 4341.50 would expose the major resistance zone at 4348/54. A clear breakout above this very strong resistance area would signal further bullish continuation.

### Bearish Scenario

Failure to hold above 4306/4300 may shift attention toward 4289/87. A break below this very strong support zone would strengthen downside pressure.

### Intraday Outlook

Gold remains confined within well-defined institutional levels. Directional momentum is likely to emerge only after a decisive break of the nearest strong barriers.

### Key Trading Levels

Resistance	Strength	Support	Strength
4348/54	Very Strong	4289/87	Very Strong

## EURUSD

**Market Bias: Neutral**

Immediate Resistance: 1.1545 ()  
Major Resistance: 1.1557/65 (\*\*)  
Immediate Support: 1.1499/95 ()  
Major Support: 1.1480 (\*\*)

### Bullish Scenario

A break above 1.1545 would open the path toward 1.1557/65. A decisive breakout above the very strong resistance zone would support further upside extension.

### Bearish Scenario

A move below 1.1499/95 would expose the major support at 1.1480. A clear break beneath this level would reinforce bearish momentum.

### Intraday Outlook

EURUSD remains balanced within its established support and resistance framework.

### Key Trading Levels

Resistance	Strength	Support	Strength
1.1557/65	Very Strong	1.1480	Very Strong

## GBPUSD

**Market Bias: Neutral**

Immediate Resistance: 1.3341 ()  
Major Resistance: 1.3353 (\*\*)  
Immediate Support: 1.3288 ()  
Major Support: 1.3265/48 (\*\*)

### Bullish Scenario

A break above 1.3341 would target 1.3353. A successful breakout above the major resistance could encourage further upside continuation.

### Bearish Scenario

A move below 1.3288 would bring the major support zone at 1.3265/48 into focus.

### Intraday Outlook

Price action remains range-bound between strong technical levels awaiting confirmation.

### Key Trading Levels

Resistance	Strength	Support	Strength
1.3353	Very Strong	1.3265/48	Very Strong

## USDJPY

**Market Bias: Neutral**

Immediate Resistance: 160.75/80 ()  
Major Resistance: 160.93 (\*\*)  
Immediate Support: 160.31 ()  
Major Support: 160.27/18 (\*\*)

### Bullish Scenario

A move above 160.75/80 may trigger a test of 160.93. A breakout above this very strong resistance would support continuation higher.

### Bearish Scenario

A decline below 160.31 would expose the major support area at 160.27/18.

### Intraday Outlook

USDJPY remains trapped within a clearly defined intraday range.

### Key Trading Levels

Resistance	Strength	Support	Strength
160.93	Very Strong	160.27/18	Very Strong

## US500

**Market Bias: Neutral**

Immediate Resistance: 7499 ()  
Major Resistance: 7506/12 (\*\*)  
Immediate Support: 7459/55 ()  
Major Support: 7444/39 (\*\*)

### Bullish Scenario

A break above 7499 could open the way toward 7506/12. A clear breakout above this resistance band would support further gains.

### Bearish Scenario

A move below 7459/55 would expose the major support zone at 7444/39.

### Intraday Outlook

The index continues to trade between major institutional levels, with breakout confirmation required for directional conviction.

### Key Trading Levels

Resistance	Strength	Support	Strength
7506/12	Very Strong	7444/39	Very Strong

## USNDX

**Market Bias: Neutral**

Immediate Resistance: 30,190 ()  
Major Resistance: 30,218/248 (\*\*)  
Immediate Support: 29,933 ()  
Major Support: 29,890/850 (\*\*)

### Bullish Scenario

A move above 30,190 would target the major resistance zone at 30,218/248.

### Bearish Scenario

A decline below 29,933 would expose 29,890/850. A decisive break below this area would strengthen downside risks.

### Intraday Outlook

Directional momentum is likely to emerge only after a break of the nearest starred levels.

### Key Trading Levels

Resistance	Strength	Support	Strength
30,218/248	Very Strong	29,890/850	Very Strong

## US OIL

**Market Bias: Neutral**

Immediate Resistance: 7555 ()  
Major Resistance: 7590/7620 (\*\*)  
Immediate Support: 7388 ()  
Major Support: 7300/7280 (\*\*)

### Bullish Scenario

A break above 7555 may encourage a move toward the major resistance zone at 7590/7620.

### Bearish Scenario

A decline below 7388 would expose the major support area at 7300/7280. A break below this zone would reinforce bearish pressure.

### Intraday Outlook

Oil remains technically balanced while trading between major support and resistance zones.

### Key Trading Levels

Resistance	Strength	Support	Strength
7590/7620	Very Strong	7300/7280	Very Strong